

# BRITISH PHARMACOPOEIA COMMISSION

## Expert Advisory Group HCM: Herbal and Complementary Medicines (HCM)

### SUMMARY MINUTES

A meeting of Expert Advisory Group (EAG): was held virtually on Monday 1<sup>st</sup> February 2021.

**Present:** Professor M Simmonds (*Chair*), Dr R Middleton (*Vice Chair*), Dr A Booker, Dr C Leon, Mr C Etheridge, Mr C Welham, Dr K Zhao, Dr E Reich, Mr J Sumal and Dr M Pires.

**In attendance:** Ms H Ashraf, Mr S Young

**Apologies:** Professor A Slater, Mr B Moore, Dr M Rowan and Professor. E Williamson

#### I GENERAL MATTERS

##### 666 Opening Remarks

###### **Welcome**

The Chair welcomed members to the meeting of the Expert Advisory Group (EAG) on Herbal and Complementary Medicines.

666.1 **Confidentiality and declaration of interests** Members were reminded that all papers and minutes were confidential and should not be disclosed. A guidance document had previously been provided.

Members were reminded of their responsibility to declare interests throughout the meeting and to keep the Secretariat informed of any changes to their interests.

666.2 **MHRA Update** Dr June Raine has been appointed as permanent CEO.

666.3 **Expenses** Members were reminded to complete an expenses form and submit this in a timely manner.

#### II MINUTES

HCM(21)02

667 The minutes and summary minutes of the meeting held on 19<sup>th</sup> June 2020 were confirmed.

#### III MATTERS ARISING FROM THE MINUTES

HCM(21)03

668 A list of matters arising from the minutes of the November 2019 meeting were provided.

##### 668.1 **Cyperus Rotundus**

An update was given on the sub-group meeting which took place immediately after the HCM virtual meeting in June 2020. It was agreed to send 'small and 'large' rhizome samples to CAMAG.

##### 668.2 **Squill**

Secretariat to continue to liaise with Mr Welham for an updated HPTLC method.

##### 668.3 **Mint**

The secretariat mentioned that Dr Rowan is in the process of providing the

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Secretariat with a macro and micro description for this monograph. Dr Reich mentioned that the samples in CAMAG are quite old and the Secretariat will need to get more.

### **IV NEW MONOGRAPHS**

669 **Tinospora Cordifolia Stem** **HCM(21)04**

The EAG members were happy to proceed with the monograph to publication for BP2022 after further amendments were made.

670 **Calcium Sennosides** **HCM(21)05**

### **V WORK PROGRAMME** **HCM(21)06**

671 The Secretariat shared the updated potential work program and invited members to comment on the prioritisation and the four tiers.

Members were happy with the four tiers and added potential items that could be related to Covid (assuming there is scientific evidence). All were in agreement for the secretariat to begin drafting extract monographs and/or herb monograph for Covid treatments if they are shown to be credible.

### **VI EUROPEAN PHARMACOPOEIA** **HCM(21)07**

672

Experts were given a verbal update on the summaries of decisions at the meetings of group 13A, 13B, HMM, HOM and TCM.

### **VII ANY OTHER BUSINESS**

673 None

### **VII NEXT MEETINGS**

674 TBC

## Expert Advisory Group: Herbal and Complementary Medicines

### List of Acronyms/Synonyms

<b>Acronym/Synonym</b>	<b>Name</b>
APhI	Ayurvedic Pharmacopoeia of India
ATA	Ayurvedic Trade Association
BP	British Pharmacopoeia
BP Commission	British Pharmacopoeia Commission
ChP	Pharmacopoeia of the People's Republic of China
EAG	Expert Advisory Group
EPC	European Pharmacopoeia Commission
GC	Gas chromatography
HKCMMS	Hong Kong Chinese Materia Medica Standards
HPTLC	High Performance Thin Layer Chromatography
ITS	Internal Transcribed Spacer
IR	Infrared
ISO	International Organisation for Standardisation
JP	Japanese Pharmacopoeia
LGC	Laboratory of the Government Chemist, Teddington
MHRA	Medicines and Healthcare products Regulatory Agency
MPNS	Medicinal Plant Names Services - Royal Botanic Gardens, Kew
NIBSC	National Institute for Biological Standards and Control
NMR	Nuclear Magnetic Resonance
Ph Eur	European Pharmacopoeia
SWOT	Strengths, Weaknesses, Opportunities, Threats
SST	System Suitability Test
THR	Traditional Herbal Register
TCM	Traditional Chinese Medicine
UK	United Kingdom
UV	Ultraviolet